

Plan of study – enrolment 2025/2026

Faculty offering the field of study:	Faculty of Health Sciences
Field of study:	physiotherapy
Level of qualification:	long-cycle studies
Level in the Polish Qualifications Framework:	7
Degree profile:	general academic
Mode of study:	full-time
Number of semesters:	10
Number of ECTS credits required to complete a programme at a given level:	300
Total number of didactic hours:	5267

1st year* (credit per semester)

Groups of courses	Course	Organisational unit	Course code in USOS/ISCED	ECTS points number	General number of hours	No. of teaching hours involving direct participation of teacher or other instructor - per form of classes										Form of credit	
						1st semester					2nd semester					1st semester	2nd semester
						W	S	ĆW	ZP	P	W	S	ĆW	ZP	P		
MODULE A. BIOMEDICAL BASICS OF PHYSIOTHERAPY	Normal and Functional Anatomy		1800-F1-APF-SJZ	5	105	15		40			15		35			Credit	Examination
	X-Ray and Surface Anatomy		1800-F2-BSiE-SJ	1	20						5		15				Credit with a grade
	General Physiology		1800-F2-FZJO-SJ	2	30						10		20			Examination	Examination
	Biochemistry		1800-F1-BCH-SJ	1	25						10		15				Credit with a grade
	Medical Biology		1800-F1-BM-SJ	1	10	10										Credit with a grade	
	Biophysics		1800-F1-BF-SJ	1	20	10		10								Credit with a grade	
	First Aid		1800-F1-P-SJ	1	15	5		10								Credit with a grade	
	Genetics		1800-F1-GE-SJ	1	10						10						Credit with a grade
	Pharmacology in Physiotherapy		1800-F1-FwF-SJ	1	10						10						Credit with a grade
	General Pathology		1800-F2-PO-SJ	1	10						10						Credit with a grade
MODULE B. GENERAL	Physical Education		4600-WFFIZ	-	60			30					30			Credit	Credit
	Philosophy and Bioethics		1800-F1-FL-SJ	1	10	10										Credit with a grade	
	History of Physiotherapy		1800-F1-HF-SJ	1	5	5										Credit with a grade	
	Public Health		1800-F1-ZP-	1	5	5										Credit with a grade	

W-lectures, S – seminars, ĆW – tutorials, ZP – practical classes, P – work placement

SCIENCES			SJ														
	Demography and Epidemiology		1800-F1-DiE-SJ	1	5	5										Credit with a grade	
	Foreign Language		1628-NoZ-fiz-...-2	2	40								40				Credit with a grade
	Basics of Law		1800-F1-PPR-SJ	1	10						10						Credit with a grade
	Pedagogy		1800-F1-PED-SJ	1	10						10						Credit with a grade
	General Sociology and Sociology of Disability		1800-F1-SOIN-SJ	1	10						10						Credit with a grade
	General Psychology		1800-F1-PSO-SJ	1	10	10										Credit with a grade	
	Clinical Psychology and Psychotherapy		1800-F1-PKIP-SJ	1	15						5		10				Credit with a grade
	Clinical Communication		1800-F1-KK-SJ	1	5								5				Credit with a grade
	Didactics in Physiotherapy		1800-F5-DF-SJ	1	10						10						Credit with a grade
	Health Care Economics and Systems		1800-F5-EiSOZ-SJ	1	10						10						Credit with a grade
	Management and Marketing		1800-F5-ZiM-SJ	1	15						10	5					Credit with a grade
MODULE C. BASICS OF PHYSIOTHERAPY	Motor Skills Training and Movement Education Methodology		1800-F1-KR-SJL	5	60	5		25			5		25			Credit	Examination
	General Physiotherapy		1800-F1-FO-SJL	5	50	10		15			10		15			Credit	Examination
	Health Promotion and Preventive Physiotherapy		1800-F1-PZiF-SJ	2	20						5	15					Credit with a grade
MODULE G. UNIVERSITY'S EXCLUSIVE COURSES	Management of the Physiotherapy Profession		1800-F1-OZF-SJ	2	15		15									Credit with a grade	
	Basics of Occupational Therapy		1800-F1-PTZ-SJ	2	25	5		20								Credit with a grade	
	Therapeutic Education		1800-F1-ET-SJ	2	25	5		20								Credit with a grade	
	Kinesiology		1800-F1-K-SJ	2	40						10		30				Credit with a grade
	Anthropometry			1	20						5		15				Credit with a grade
	Information Technologies		1800-F1-T-	1	25								25			Credit with a grade	

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				SJL/1800-F1-MI-SJL														
	student's choice	Ergonomics or Occupational Diseases Prevention		1800-F1-E-SJ / 1800-F1-PCHZ-SJ	1	15	15										Credit with a grade	
	student's choice	Principles of Nutrition for the Disabled or Sign Language		1800-F1-PZON-SJ / 1800-F1-JM-SJ	2	20						5		15			Credit with a grade	
MODULE F. WORK PLACEMENT IN PHYSIOTHERAPY	Assistant/Introductory Work Placement (holiday work placement) (student's choice)			1800-F1-PWPAW-SJ	5	150										150		Credit
OTHER REQUIRED CLASSES	Library Orientation Head of the Library			1800-F1-BIBL-SJ	-	5	2		3								Credit	
	General OHS Training Dean of the Faculty			9001-eBHP	-	2	2										Credit	
Total:					60	947	119	15	173	0	0	175	20	295	0	150	X	

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2nd year*(credit per year)

	Course	Organisational unit	Course code in USOS/ ISCED	ECTS points number	General number of hours	Number of hours with direct participation of teachers or other instructors - by form of classes										Number of hours with direct participation of teachers or other instructors - by form of classes	
						hours to be implemented in the 3rd semester					hours to be implemented in the 3rd semester					1st semester	2nd semester
						W	S	ĆW	ZP	P	W	S	ĆW	ZP	P		
MODULE A. BIOMEDICAL BASICS OF PHYSIOTHERAPY	Clinical Biomechanics		1800-F2-BK-SJ	1	20						5		15				Credit with a grade
	Surface Anatomy			1	25			25									Credit with a grade
	X-Ray Anatomy			1	10			10									Credit with a grade
	Neuroanatomy and Neurophysiology		1800-F2-FWF-SJ	3	30	20		10								Examination	
	Physiology of Physical Exercise		1800-F2-N-SJ	2	30						10		20				Examination
MODUL B. GENERAL SCIENCES	Foreign Language		1628-NoZ-fiz-...-2	3	80			40					40			Credit with a grade	Examination
MODUL C. BASICS OF PHYSIOTHERAPY	Kinesitherapy		1800-F2-K-SJ	5	140	10		60			10		60				Examination
	Special Massage		1800-F2-ML-SJ	3	70	10		60								Examination	
	Physical Therapy		1800-F2-F-SJ	4	90	15		30			15		30				Examination
MODULE D. CLINICAL BASICS OF PHYSIOTHERAPY	Clinical Basics of Physiotherapy in Neurosurgery			2	35						15		20				Credit with a grade
	Clinical Basics of Physiotherapy in Neurology			2	35	15		20								Credit with a grade	
	Clinical Basics of Physiotherapy in Orthopaedics		1800-F2-OTMS-SJ	1,5	30	10		20								Credit with a grade	
	Clinical Basics of Physiotherapy in Traumatology and Sports Medicine			1,5	30						10		20				Credit with a grade
	Clinical Basics of Physiotherapy in Rheumatology		1800-F2-R-SJ	2	35	10		25								Credit with a grade	
	Clinical Basics of Physiotherapy in Paediatrics and Paediatric Neurology		1800-F2-PiND-SJ	3	55	15		40								Credit with a grade	
	Clinical Basics of Physiotherapy in Oncology		1800-F2-O-SJ	2	20	10		10								Credit with a grade	
	Clinical Basics of Physiotherapy in Cardiology and Cardiac		1800-F2-Ki K-SJ	3	55	15		40								Credit with a grade	

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	Surgery																
	Clinical Basics of Physiotherapy in Gynaecology and Obstetrics		1800-F2-GiP-SJ	1	20						10		10				Credit z oceną
	Clinical Basics of Physiotherapy in Intensive Care		1800-F2-IT-SJ	1	15						5		10				Credit with a grade
	Clinical Basics of Physiotherapy in Geriatrics		1800-F2-G-SJ	3	50						15		35				Credit with a grade
	Clinical Basics of Physiotherapy in Palliative Medicine		1800-F2-MP-SJ	1	20						5		15				Credit with a grade
	Clinical Basics of Physiotherapy in Pulmonology		1800-F2-Pul-SJ	1	15						5		10				Credit with a grade
	Clinical Basics of Physiotherapy in Surgery		1800-F2-CH-SJ	1	20						10		10				Credit with a grade
	Clinical Basics of Physiotherapy in Psychiatry		1800-F2-PSYCH-SJ	1	20	10		10								Credit with a grade	
MODULE F. WORK PLACEMENT IN PHYSIOTHERAPY	Holiday Work Placement – Kinesitherapy Laboratory		1800-F2-PWPK-SJ	11	300										300		Credit
Total:				60	1250	140	0	400	0	0	115	0	295	0	300	X	

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3rd year*(credit per year)

Groups of courses	Course	Organisational unit	Course code in USOS/ ISCED	ECTS points number	General number of hours	Number of hours with direct participation of teachers or other instructors - by form of classes										Form of credit	
						hours to be implemented in 5th semester					1st semester					1st semester	II semestr
						W	S	ĆW	ZP	P	W	S	ĆW	ZP	P		
MODULE D. CLINICAL PHYSIOTHERAPY: CLINICAL BASICS OF PHYSIOTHERAPY	Clinical Physiotherapy in Orthopaedics and Traumatology, Sports Medicine		1800-F3-FKOTM-SJ	5	90	10		35			10		35				Credit with a grade
	Clinical Physiotherapy in Neurology		1800-F3-FKNiN-SJ	2,5	45	10		35								Credit with a grade	
	Clinical Physiotherapy in Neurosurgery			2,5	45						10		35				Credit with a grade
	Clinical Physiotherapy in Developmental Age		1800-F3-FKwWR-SJ	4	90	15		75								Credit with a grade	
MODULE D. CLINICAL PHYSIOTHERAPY: CLINICAL PHYSIOTHERAPY IN INTERNAL DISEASES	Clinical Physiotherapy in Geriatrics		1800-F3-FKwG-SJ	4	60	15		45								Credit with a grade	
	Clinical Physiotherapy in Psychiatry		1800-F3-FKwP-SJ	2	35						15		20				Credit with a grade
	Clinical Physiotherapy in Cardiology and Cardiac Surgery		1800-F3-FKwKK-SJ	3	55						15		40				Credit with a grade
	Clinical Physiotherapy in Surgery		1800-F3-FKwCh-SJ	3	45						15		30				Credit with a grade
	Clinical Physiotherapy in Palliative Medicine		1800-F3-FKwMP-SJ	3	50						10		40				Credit with a grade
	Clinical Physiotherapy in Oncology		1800-F3-FKwO-SJ	3	40						10		30				Credit with a grade
	Clinical Physiotherapy in Pulmonology		1800-F3-FKwPul-SJ	2	30						10		20				Credit with a grade
	Clinical Physiotherapy in Gynaecology and Obstetrics		1800-F3-FKwGiP-SJ	2	35						10		25				Credit with a grade
	Clinical Physiotherapy in Rheumatology		1800-F3-FKwR-SJ	3	45						15		30				Credit with a grade
	Clinical Physiotherapy in Paediatrics		1800-F3-FKwPed-SJ	3	55						15		40				Credit with a grade
MODULE G. UNIVERSITY'S EXCLUSIVE OFFER	Supporting Therapies in Peripheral Vascular Diseases		1800-F3-FKChNO-SJ	1	25	5		20								Credit with a grade	
	Supporting Therapies in Urology		1800-F3-FKwU-SJ	1	25	5		20								Credit with a grade	
	Basics of Biostatistics		1800-F4-PB-SJ	1	25						10		15				Credit with

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																	a grade
	Clinical Physiotherapy			2	15			15									Credit
MODULE E. METHODOLOGY OF SCIENTIFIC RESEARCH	Methodology of Scientific Research		1800-F4-MBN- SJ	2	20	5		15									Credit with a grade
MODUL F. WORK PLACEMENT	Intra-Year Work Placement- work placement in clinical physiotherapy, physical therapy and massage: Work placement in physical therapy and massage - 50 hours Work placement in clinical physiotherapy - 50 hours: WARDS: Rehabilitation (15 h); Geriatrics (15 h); Cardiology (10 h); Rheumatology (10 h).		1800-F3- PSZFIM-SJ 1800-F3- PSZFK-SJ 1800-F3-PSOR- SJ 1800-F3-PSOG- SJ 1800-F3-PSOK- SJ 1800-F3- PSoRe-SJ	4	100					100							Credit
	Specialised Holiday Work Placement - Elective		1800-F3- PWP...-SJ	7	200										200		Credit
Total:				60	1130	65	0	260	0	100	145	0	360	0	200	X	

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4th year*(credit per year)

Groups of courses	Course	Organisational unit	Course code in USOS/ISCED	ECTS points number	General number of hours	Number of hours with direct participation of teachers or other instructors - by form of classes										Number of hours with direct participation of teachers or other instructors - by form of classes	
						hours to be implemented in 7th semester					hours to be implemented in 7th semester					hours to be implemented in 7th semester	hours to be implemented in 7th semester
						W	S	ĆW	ZP	P	W	S	ĆW	ZP	P		
MODULE A. BIOMEDICAL BASICS OF PHYSIOTHERAPY	Clinical Exercise Physiology with Physiological Diagnostics		1800-F4-DFZ-SJ	2	30						10		20				Examination
MODULE C. BASICS OF PHYSIOTHERAPY	Special Massage		1800-F4-MS-SJ	3	60	10		50								Credit with a grade	
	Biological Rejuvenation		1800-F4-OB.-SJ	2	20	5		15								Credit with a grade	
	Manual Therapy		1800-F4-TM-SJ	3	70						10		60				Examination
	Medical Products		1800-F4-WM-SJ	2	30	10		20								Credit with a grade	
	Special Methods in Physiotherapy		1800-F3-MSwF-SJ	3	60						10		50				Examination
	Adapted Physical Activity		1800-F4-ARA-SJ	2	40						10		30				Credit with a grade
MODULE D. CLINICAL PHYSIOTHERAPY: FUNCTIONAL DIAGNOSTICS	Functional Diagnostics in Musculoskeletal Disorders		1800-F4-DFwDNR-SJ	5	85	15		70								Examination	
	Functional Diagnostics in Developmental Age		1800-F4-DFwWR-SJ	5	85	15		70								Examination	
	Functional Diagnostics in Internal Diseases		1800-F4-DFwChW-SJ	5	70	15		55								Examination	
MODULE D. CLINICAL PHYSIOTHERAPY: PHYSIOTHERAPY PLANNING	Physiotherapy Planning in Musculoskeletal Dysfunctions		1800-F4-PRwDNR-SJ	5	85						20		65				Examination
	Physiotherapy Planning in Developmental Age		1800-F4-PRwWR-SJ	5	85						20		65				Examination
	Physiotherapy Planning in Internal Diseases		1800-F4-PRwChW-SJ	5	85						20		65				Examination
MODULE E. SCIENTIFIC RESEARCH METHODOLOGY	Diploma Seminar		1800-F4-SD.-SJ	1	10							10					Credit

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DIPLOMA SEMINAR																	
MODULE G. UNIVERSITY'S EXCLUSIVE OFFER	EBP (Evidence-Based Physiotherapy)		1800-F4-EBP-SJ	1	25						10		15				Credit with a grade
MODULE F. WORK PLACEMENT	Work Placement in clinical physiotherapy, physical therapy and massage: Work placement in physical therapy and massage - 50 hours Work Placement in Clinical Physiotherapy - 50 hours: WARDS: Neurology (15 h); Intensive Care (10 h); Ortopaedics (15 h); Neurosurgery (10 h).		1800-F4-PSZFiM-SJ 1800-F4-PSZFK-SJ 1800-F4-PSON-SJ 1800-F4-PSOIT-SJ 1800-F4-PSOOR-SJ 1800-F4-PSONE-SJ	4	100					100						Credit	
	Specialised Holiday Work Placement - Elective		1800-F4-PWP...-SJ	7	200										200		Credit
Total:				60	1140	70	0	280	0	100	110	10	370	0	200	X	

W-lectures, S – seminars, CW – tutorials, ZP – practical classes, P – work placement

V rok* (credit per year)

Groups of courses	Course	Organisational unit	Course code in USOS/ISCED	ECTS points number	General number of hours	Number of hours with direct participation of teachers or other instructors - by form of classes										Number of hours with direct participation of teachers or other instructors - by form of classes	
						hours to be implemented in 9th semester					hours to be implemented in 9th semester					I semestr	II semestr
						W	S	ĆW	ZP	P	W	S	ĆW	ZP	P		
MODULE C. BASICS OF PHYSIOTHERAPY	Disabled Sport		1800-F5-SON-SJ	3	40	10		30								Credit with a grade	
	Balneoclimatology		1800-F5-B-SJ	3	30	10		20								Credit with a grade	
MODULE G. UNIVERSITY'S EXCLUSIVE OFFER	Specialised Path: Respiratory Physiotherapy			1	20			20								Credit with a grade	
	Specialised Path: Environmental Physiotherapy			1	20								20				Credit with a grade
	Physiotherapy Planning in in Masticatory Disorders		1800-F4-PRwDNZ-SJ	1	15						5		10				Credit with a grade
	Coordinated Care		1800-F4-OK-SJ	1	15								15				Credit with a grade
	Physiotherapy in Hypertension		1800-F5-FwH-SJ	1	15	15										Credit with a grade	
	Diagnostic Imaging in Physiotherapy			1	25	5		20								Credit with a grade	
	student's choice Specialised Path: Paediatric Physiotherapy or Oncology Physiotherapy			2	25			25								Credit with a grade	
	student's choice Specialised Path: Active Rehabilitation or Post-Stroke Physiotherapy			2	25			25								Credit with a grade	
	student's choice Neurolinguistics lub Reflexotherapy		1800-F4-Neuro-SJ/1800-F4-Refl-SJ	1	25						5		20				Credit with a grade
	student's choice Specialised Path: Sports Cardiology or Physical Activity in People with			1	15								15				

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		Cardiovascular Diseases															
MODULE E. SCIENTIFIC RESEARCH METHODOLOGY DIPLOMA SEMINAR	Diploma Seminar		Department of Physiotherapy or Department of Rehabilitation	22	20		10						10				Credit
MODULE F. WORK PLACEMENT	Work Placement in Clinical Physiotherapy, physical therapy and massage (semester work placement) Work Placement in Physical Therapy and Massage– 100 hours Work Placement in Clinical Physiotherapy - 410 hours: WARDS: Paediatrics (25 h), Neurology (50 h); Orthopaedics (50 h); Intensive Care (25 h); Neurosurgery (50 h); Rehabilitation (75 h); Surgery (25 h); Geriatrics (50 h); Cardiology (30 h); Rheumatology (30 h).		1800-F5-PSZFM-SJ 1800-F5-PSZFK-SJ 1800-F5-PSOP-SJ 1800-F5-PSON-SJ 1800-F5-PSOOR-SJ 1800-F5-PSOIT-SJ 1800-F5-PSONe-SJ 1800-F5-PSOR-SJ 1800-F5-PSOCh-SJ 1800-F5-PSOG-SJ 1800-F5-PSOK-SJ 1800-F5-PSORe-SJ	20	510										510		Credit
Total:				60	800	40	10	140	0	0	10	10	80	0	510	X	

The Plan of Study is valid from the semester of the academic year

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(Dean's stamp and signature)